



# MYDIABETESTUTOR

## REFERRAL FORM

FAX 844.306.5999

Thank you for the referral to My Diabetes Tutor. Please fax this completed form to 844-306-5999, along with a copy of insurance cards, demographics, recent A1C, supporting labs, and progress notes necessary for services.

### PART I PATIENT INFORMATION

Full Name		Date of Birth	Gender Male Female Unknown			Other
Phone Number		Patient Email Address				
Primary Language	Check the appropriate box for Diabetes Type					
	Type 1	Type 2	Prediabetes	Gestational	Pre-existing Diabetes in Pregnancy	
MNT Diagnosis					ICD10 Code	
A1C results within 3 months of referral (%)	Date	Preferred lab				
Insurance Name		Preferred Pharmacy		Pharmacy Phone		
Provider Name		Phone		Fax		
Provider Practice Name			Next Provider Visit			
Check the appropriate box where you referred from						
Adventist Health	Alignment Health	Kaweah Health	Tricare	United Health Centers	Other	

### PART II DIABETES SELF-MANAGEMENT EDUCATION & SUPPORT (DSMES)

Check type of education /training services and number of hours requested

**Initial DSMES 10 or**      **hours (new diagnosis, no prior diabetes education).**  
**Includes providing DSMES on nine standard topic areas based on pt. needs and reporting back to the referring provider.**  
**Annual follow-up DSMES 2 hours (health maintenance & prevention of complications, new factors influencing self-care)**  
**Device training requiring 1:1 visits (circle one): Insulin pump or CGM training**  
**Additional DSMES for change in medical condition or treatment**

List visit type

**Individual. Check reason(s) why**      **no groups available within 2 months of referral**      **virtual / distance to program**  
**Group**      **language barrier**      **vision**      **hearing**      **mobility**      **cognition**

### PART III MEDICAL NUTRITION THERAPY (MNT)\*

Check the appropriate box for Medical Nutrition Therapy		*Required: List number of MNT visits authorized:
Initial MNT 3 hour	Additional MNT hours for change in medical condition/diagnosis:	
Annual follow-up MNT 2 hours		

### PART IV REMOTE PATIENT MONITORING (RPM)

(Please check) I verify patient agrees and provides consent to verify insurance	Number of Educational/RPM Visits Authorized	Expiration Date:
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I affirm managing this patient's medical condition and that the above referral is a necessary part of their management.

Provider NPI#	Provider Signature	Date
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